

FRUITS & GRAINS...

granola with greek or vegan yoghurt and seasonal fruit compote	4
bircher muesli with, seeds, fruit & local honey	4
porridge with a choice of ...	4
cream & brown sugar/jam/banana & peanut butter/berry compote	

EGGS...

benedict with your choice of...	
bacon, butcher's ham, smoked salmon, sautéed mushroom	8
scrambled, poached or fried egg on toast	5
avocado smash on sourdough toast with poached eggs	7.5

FULL BREAKFASTS...

the farm...	
sausage, bacon, mushrooms, beans, grilled tomatoes, eggs & toast	7.5

the field...	
vegan sausages, mushrooms, beans, grilled tomatoes, eggs & toast (swap your eggs for avocado to make it vegan)	7.5

the factory...	
2 saul's sausages, 2 bacon, mushrooms, beans, grilled tomatoes, eggs, toast	8.5

the bread & butter...	
toasted granary bread with scrambled eggs, smoked salmon & avocado	8.5

the st giles...	
halloumi, rocket, vine tomato & poached eggs on sourdough toast	7.5

add a portion of either...

sausage, bacon, smoked salmon, halloumi, avocado, 2 eggs any style	2
--	---

grilled vine tomato, beans, mushrooms	1
---------------------------------------	---

BAGELS, BUTTYS & TOASTS...

english muffin with sausage or bacon & cheesy scrambled egg	4.5
dry cured bacon butty	4.5
saul's of spratton pork or vegan sausage butty	4.5
bagel with chive cream cheese & smoked salmon	7
bagel with bacon, chive cream cheese & vine tomato	6.5
bagel with chive cream cheese, vine tomato, sautéed mushroom & rocket (vegan cream cheese available)	6.5
bagel with scrambled eggs & salmon or bacon	7.5

all of our bagels are served with a small pot of fresh fruit on the side

toast with butter and a choice of...	2.5
jam, marmalade, vegemite, marmite, honey or peanut butter	
toasted crumpets with butter and jam	2.5
spiced fruit toast with cinnamon butter	3

OUR BREAKFAST MENU IS AVAILABLE ALL DAY...

SANDWICHES...**5.2**

blt
 bacon, brie & cranberry
 smoked salmon with lemon chive cream cheese & rocket
 tuna mayo with red onions
 hillyer's butcher cured ham & house salad
 9 mth aged cheddar or vegan cheddar with branston pickle
 station farm egg mayo & rocket
 thyme roast chicken dressed with lemon mayonnaise & rocket
 coronation chicken
 halloumi , mayo, roquito peppers & avocado
 prawn mayo with rocket
 avocado, red onion, vine tomato & spiced hummus & rocket

sandwiches are served on your choice of white, granary or sourdough bread(add 50p) with Tyrrell's hand cooked crisps on the side. If you'd like it toasted just ask.

SALADS...**7.8**

caesar - leaves, parmesan, croutons, thyme chicken in lemon mayo dressing
 green dream - avocado w/ pea smash and green salad a poached egg
 smoked salmon - potato salad, beetroot hummus, vine tomatoes, red onion
 crispy chickpea - quinoa, roast carrots and red peppers, spicy hummus
 stone fruit- vine tomato, mozzarella, mixed leaf and balsamic glaze
 nicoise - tuna, egg, green beans, olive, vine tomato, potato
 cypriot - feta, vine tomato, cucumber, olive, house dressing

add chicken in lemon mayo or smoked salmon to your salad for **1**

Ploughman's salad**7.8**

meaty - ham, pork pie, cheese, chutney, bread & salad
 veggie - potato salad, leek & stilton pie, cheese, chutney, bread & salad

SOUP...

check the chalk board to see our seasonal soup offerings
 Mug of soup **2.8**
 Bowl of soup & bread **5**
 Mug of soup & half of any sandwich **6.5**

SAVOURY...

our savoury items come accompanied with house made potato salad and green leaves. check the chalk boards for today's choices.

housemade sausage rolls **8**
 pies from the moulton pie company **8**
 housemade tart of the day **8**

JACKET POTATOES...

served with mixed salad **7**

-aged cheddar or vegan cheddar & beans
 -aged cheddar & tuna mayo
 -coronation chicken
 -sour cream & chive with smoked salmon
 -roast chicken with lemon mayo & bacon
 -prawn mayo

SWEETS...

double chocolate brownie (gf) -	3
peanut butter brownie (gf) -	3
vegan chocolate brownie	3
carrot cake	3
brown butter & chocolate banana bread	3
chocolate guinness cake	3
scones with clotted cream & jam	3
cookies	1

along with our trusty regular homemade offerings we have seasonal cakes and pastries too. ask your server what's on the counter today.

BEVERAGES...

double espresso	-	2
americano	-	2.6
latte	-	2.8
cappuccino	-	2.8
babycino	-	1
flat white	-	2.8
chai latte	-	3
hot chocolate	- (add cream & marshmallow 50p)	3 / 3.5
loose leaf tea	(pots for one or two)	
english breakfast, earl grey, camomile, assam, dargeeling		2.5/4.5
bagged tea	(mug) barry's, yorkshire, pg	1.5
fruit / herbal tea	(mug)	
lemon & ginger, mint, green, cranberry & blood orange		1.8
cawston press cans	- rhubarb, apple, elderflower	1.8
diet coke		1.8
san pellegrino	- lemon, orange	1.8
cawston press juice	- apple & summer berries, apple & mango	1.5
sparkling water		1.8
mineral water		1.8
orange / apple juice		1.5
belvoir fruit cordials	- elderflower, blueberry & blackcurrant	1.5

our eggs are local and free range

we use a number of ALLERGENS on the premise so please let a member of our team know if you have any **FOOD ALLERGIES** or **INTOLERANCES** when you order.
we offer a range of 'free from' products.