

FRUITS & GRAINS...

granola with greek yoghurt and summer berry compote	3
bircher muesli with cinnamon, seeds, fruit & local honey	3
fresh fruit salad	3
porridge with a choice of ...	
cream & brown sugar/jam/banana & peanut butter/summer berry compote	3

EGGS...

benedict with your choice of...	
bacon, roast ham or smoked salmon	7.5
sautéed mushroom or sautéed spinach	7
avocado smash on sourdough toast with poached eggs	7
scrambled, poached or fried egg on toast	4.5

FULL BREAKFASTS...

the farm...	
sausage, bacon, mushrooms, beans, grilled tomatoes, eggs & toast	7.5
the field...	
veggie sausages, mushrooms, beans, grilled tomatoes, eggs & toast	7
the factory...	
2 saul's sausages, 2 bacon, mushrooms, beans, grilled tomatoes, eggs, toast & a mug of tea	8.5
the bread & butter...	
toasted granary bread with scrambled eggs, smoked salmon & avocado	8
the st giles	
halloumi, spinach, vine tomato & poached eggs on sourdough toast	7.5
add a portion of either...	
sausage, bacon, smoked salmon, avocado, 2 eggs any style	2
grilled vine tomato, beans, mushrooms, spinach	1

BAGELS, BUTTYS & TOASTS...

english muffin with sausage or bacon & cheesy scrambled egg	4.5
dry cured bacon butty	3.8
saul's of spratton sausage butty	3.8
bagel with cream cheese & smoked salmon	6
bagel with bacon, cream cheese & vine tomato	6
bagel with chive cream cheese, vine tomato, sautéed mushroom & rocket	6
bagel with scrambled eggs & salmon	6

all of our bagels are served with a small pot of fresh fruit on the side

toast with butter and a choice of...	2
jam, marmalade, vegemite, marmite, honey or peanut butter	
toasted crumpets with butter and jam	2
spiced fruit toast with cinnamon butter	2.5

OUR BREAKFAST MENU IS AVAILABLE ALL DAY...

SANDWICHES...

blt	4.8
bacon, brie & cranberry	4.8
smoked salmon with lemon chive cream cheese & rocket	4.8
prawn & lemon mayo with rocket	4.8
tuna mayo with red onions	4.8
hillyer's butcher cured ham & house salad	4.8
9 mth aged cheddar with branstons pickle	4.8
station farm egg mayo	4.8
thyme roast chicken dressed with lemon mayonnaise & rocket	4.8
coronation chicken with almond & apricot	4.8
chive cream cheese, beetroot, balsamic, rocket	4.8
roast vegetables with spiced hummus & mixed leaves	4.8

all our sandwiches are served on your choice of white, granary or sourdough with Tyrrell's hand cooked crisps on the side. If you'd like it toasted, just ask, it's only an extra 50p.

SALADS...

caesar - leaves, parmesan croutons & thyme roast chicken	6.8
cous cous - with apricots, almonds, roast veggies & spiced hummus	6.5
salmon - smoked salmon with potato, peas, avocado & pea shoots	6.8
nicoise - tuna, egg, green beans, olive, vine tomato, potato	6.8
cypriot - feta, vine tomato, cucumber, olive, oregano dressing	6
ploughman's - ham, pork pie, cheese, chutney, bread & salad	6.8

veggie ploughman's is available upon request. all our salads are served with fresh bread.

SOUP...

check the chalk board to see our seasonal soup offerings	
Mug of soup	2.8
Bowl of soup & bread	4.8
Mug of soup & half of any sandwich	6

SAVOURY...

our savoury items come accompanied with house made potato salad and green leaves. check the chalk boards for today's choices.

housemade sausage rolls	6.8
pies from the moulton pie company	6.8
housemade tart of the day	6.8

our eggs are local and free range

we use a number of ALLERGENS on the premise so please let a member of our team know if you have any FOOD ALLERGIES or INTOLERANCES when you order. we offer a range of 'free from' products.

SWEETS...

We have a selection of locally sourced and house made cakes, brownies, cookies, scones and pastries available on the counter. Please have a look or ask us for today's choices.

BEVERAGES...

double espresso	-		2
americano	-		2.4
latte	-		2.6
cappuccino	-		2.6
babycino	-		1
flat white	-		2.6
chai latte	-		3
hot chocolate	-		3
loose leaf tea (pot)	-	english breakfast, earl grey, camomile, assam plus many more...	2.5/ 4.5
bagged tea (mug)	-	barry's, yorkshire, pg	1.2
fruit / herbal tea (pot)	-	lemon & ginger, mint, green, cranberry & blood orange	2.5/ 4.5
cawston press cans	-	rhubarb, cloudy apple	1.5
san pellegrino	-	lemon, orange	1.5
cawston press juice	-	apple & pear, apple & mango apple & summer berries	1.5
sparkling water			1.5
mineral water			1.5
orange / apple juice			1.5
belvoir fruit cordials	-	elderflower, blueberry & blackcurrant	1.5

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